

# COVID-19 VACCINE



## MYTHS VS FACTS

### MYTH

The COVID-19 vaccine is not safe because it was rapidly developed and tested.

### FACT

The quick response to develop a vaccine does not mean that companies bypassed safety protocols or adequate testing. Safety is the most important priority in vaccine approval and will continue to be closely monitored by the Centers for Disease Control and Prevention (CDC) and the U.S. Food and Drug Administration (FDA).

### MYTH

I already had COVID-19 and I have recovered, so I don't need to get a COVID-19 vaccine.

### FACT

There is not yet enough information currently available to say if or for how long after infection someone is protected from getting COVID-19 again. This natural immunity varies from person to person. For this reason, it is recommended to get the COVID-19 vaccine, even if you've had COVID-19 previously.

### MYTH

There are severe side effects of the COVID-19 vaccines.

### FACT

There can be short-term mild or moderate vaccine reactions that resolve without complication or injury. These side effects include headache, chills, fatigue, muscle pain or fever lasting for a day or two. It is important to remember that these side effects are indicators that your immune system is responding to the vaccine.

## MYTH

I won't need to wear a mask after I get vaccinated for COVID-19.

## FACT

It will take time for everyone who wants a COVID-19 vaccine to get one. While the vaccine may prevent you from getting sick, it is currently unknown if you can still carry and transmit the virus to others. Until more is understood about how well the vaccine works, continuing with precautions such as mask-wearing, hand washing and physical distancing will still be important.

## MYTH

COVID-19 vaccines will alter my DNA.

## FACT

The first COVID-19 vaccines to reach the market are messenger RNA (mRNA) vaccines, which work by instructing cells in the body how to make a protein that triggers an immune response. They do not contain live COVID-19 virus and will not interact or change the DNA of your cells.

## MYTH

COVID-19 vaccines were developed using fetal tissue.

## FACT

Neither the Pfizer nor the Moderna COVID-19 vaccines contain fetal cells nor were fetal cells used in the development or production of either vaccine.

## MYTH

COVID-19 vaccines cause infertility or miscarriage.

## FACT

COVID-19 vaccines have not been linked to infertility or miscarriage.



Visit [blessinghealth.org/covid19](https://www.blessinghealth.org/covid19) for more information about the COVID-19 vaccine.